

## Useful numbers

**Cancer backup - Oncology  
Unit Nottingham City Hospital  
NHS Trust.**

Drop in or telephone for cancer  
information and support.

**Telephone: 0115 84202650  
Monday - Friday 9am - 7pm**

### **Self Help Nottingham**

Provides information on local  
self help groups and  
development support to new  
and established groups in the  
Greater Nottingham area.

### **Information Line:**

**Telephone: 0115 911 1661  
Monday - Friday 9am - 7pm**

### **Office:**

**Telephone: 0115 911 1662  
Monday - Friday 9am - 7pm**

## Are you a cancer patient in Nottingham, or a carer of someone who is?

Do you feel passionate about the  
quality of service provided to  
cancer patients in Nottingham?

If so, this leaflet is for YOU.

If you are interested in joining the  
Forum, or would simply like  
some further information.  
Please get in touch as we'd like  
to hear from you.

## How to contact us

**Write to:  
Greater Nottingham  
Cancer Forum  
PO Box 9950  
Nottingham  
NG5 0FY**

**Or email:  
pat@cancer-forum.org.uk**

**For further information:  
visit our website  
www.cancer-forum.org.uk**

Greater  
Nottingham  
Cancer  
Forum



**A voice for people living with cancer**



## Would you like to make a difference to cancer services in Nottingham?

If your answer is YES you may want to become involved in the work of the Greater Nottingham Cancer Forum.

Forum members are just like you and me, local people whose lives have been touched by cancer and who feel that their experiences, both good or bad, could benefit others in the same circumstances.

With the backing and support of cancer professional across Nottinghamshire and beyond, the Forum has become a real force for positive change for people who have been affected by cancer.



## Join us and make your experience count

The Forum represents a wide range of people and experiences and aims to improve cancer services for everyone across Nottingham's diverse communities.

The Forum meets for a couple of hours each month. All out of pocket expenses are paid and free training is available to all new members.

If you are able to spare the time, come and join us and make your unique contribution/experience of cancer really count for all.

## How can I get involved?

1. Become a member of the Forum.  
We can send you an information pack which explains what we are all about, or perhaps you'd like to meet a member of the Forum before deciding how you would become involved.
2. Join the Network and receive mailings from the Forum and pass on your views which would be great in achieving new standards based on your experiences.
3. Identify opportunities to address your areas of interest or concerns and assist with time linked groups.